

TIME	MON	TUES	WED	THURS	FRI	SAT	SUN
5:30 am		GROUP POWER RACHEL		GROUP POWER RACHEL			
8:45 am	GROUP STEP LAURA	GROUP ACTIVE LAURA	GROUP STEP LAURA	GROUP ACTIVE DAVID / TEAM	GROUP STEP LAURA		
9:00 am	af AQUATICS ERYN		af AQUATICS LAURINA		af AQUATICS ERYN	GROUP STEP MARGARET	
9:45 am	GROUP POWER DAVID	GROUP CENTERGY LAURA	GROUP POWER RACHEL	GROUP CENTERGY DEENA	GROUP POWER TRACY		
10:00 am						GROUP POWER MARGARET	
10:45 am							
11:00 am	af Seniors LAURINA	ZUMBA gold LAURINA	af Seniors STEPHANIE	ZUMBA fitness LAURINA	af Seniors LAURINA	GROUP CENTERGY TEAM	
12:00 pm	<p>RIPPED is an athletic based-overall-body-conditioning program that will help you lose unwanted weight and inches, while increasing your strength and lean muscle mass in a very short period of time. Get a 10 pack for \$75!!!</p>					ZUMBA toning MERCEDES/TAINA	
1:30 pm							GROUP ACTIVE LAURA
2:30 pm							ZUMBA fitness ROSI
3:30 pm		ZUMBA Atlanta LAURINA		ZUMBA Atlanta LAURINA		<h2>BOOT CAMP</h2> <p>30+ CLASSES</p> <p>FOR ONLY \$99</p> <p>10 PACK IS BACK!!!</p> <p>\$75 FOR 10 CLASSES</p> <p>SEE FRONT DESK FOR DETAILS</p>	
4:30 pm	GROUP STEP MARGARET	GROUP CENTERGY DEENA	GROUP STEP LAURA / GLENNISE	GROUP CENTERGY LYNDSAY	ZUMBA toning SARAH		
5:30 pm	GROUP POWER MARGARET	GROUP STEP GLENNISE	GROUP POWER JERRY ANN	GROUP STEP MARGARET	GROUP POWER GLENNISE		
6:30 pm	GROUP CENTERGY DEENA	ZUMBA fitness MERCEDES	GROUP ACTIVE MARGARET	GROUP KICK JERRY ANN	GROUP CENTERGY DEENA		
7:30 pm	ZUMBA fitness TAINA	GROUP KICK WALT	ZUMBA fitness MERCEDES	ZUMBA fitness MERCEDES			

GROUP CYCLE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 am	GROUP RIDE HEIDI		GROUP RIDE AMBER		GROUP RIDE ARLINDA		
8:15 am						GROUP RIDE STEPHANIE	
8:45 am		GROUP RIDE YVONNE		GROUP RIDE STEPHANIE			
6:30 pm	GROUP RIDE STEPHANIE		GROUP RIDE TAMMY				
7:00 pm		GROUP RIDE ARLINDA		GROUP RIDE TAMMY			

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